

Parent Questionnaire: Language for Behaviour & Emotion (Age 5–6)

Please complete this form to help us understand how your child uses language to express emotions and manage behaviour. Your responses will help us support your child's emotional development and communication skills.

Child's Name: _____

Date of Birth: _____

Date Completed: _____

Completed by (Name & Relationship): _____

Please tick the box that best describes your child's typical behaviour:

1. **How well does your child express how they feel (e.g., happy, sad, angry)?**

- ☐ Clearly and appropriately ☐ With some support ☐ Often unclear
☐ Avoids or struggles

2. **Does your child use words to explain why they are upset or frustrated?**

- ☐ Often ☐ Sometimes ☐ Rarely ☐ Not at all

3. **How does your child respond when asked how they are feeling?**

- ☐ Gives detailed answers ☐ Gives short answers ☐ Needs prompting
☐ Avoids answering

4. **Can your child name basic emotions (e.g., happy, sad, angry, scared)?**

- ☐ Easily ☐ With support ☐ Sometimes confused ☐ Not yet

5. **Does your child use language to solve problems or resolve conflicts (e.g., "I don't like that")?**

- ☐ Often ☐ Sometimes ☐ Rarely ☐ Not at all

6. **How does your child behave when they are overwhelmed or upset?**

- ☐ Uses words to ask for help ☐ Needs support to express feelings
☐ Withdraws or shuts down ☐ Has outbursts

7. **Does your child understand and respond to others' emotional expressions (e.g., noticing when someone is sad)?**
☐ Often ☐ Sometimes ☐ Rarely ☐ Not at all
8. **How well does your child follow behaviour-related instructions (e.g., “Use kind words,” “Take turns”)?**
☐ Consistently ☐ With reminders ☐ Needs frequent support
☐ Struggles consistently
9. **Does your child use language to express needs or wants instead of acting out?**
☐ Often ☐ Sometimes ☐ Rarely ☐ Not at all

Please answer the following question in your own words:

- 10. What strategies or approaches have helped your child express emotions or manage behaviour more effectively?**

Thank you for completing this questionnaire. Your insights are essential in helping us support your child's emotional and behavioural development through language.